



5th International Congress of Hypermobility and Ehlers-Danlos Syndromes
4th International Meeting of Hypermobile Patients (EDS/HSD)
May 16-18, 2025

Organization

Neuseli Lamari - Brazil
Mateus Lamari - Brazil

International Speakers

Antonio Bulbena		Carolina Baeza-Velasco	
Fransiska Malfait		Claude Hamonet	
Lara Boom		Jaime Bravo	
Marileila Varella		Marco Castori	
Natalia Zarate		Mohsin Butt	
Qasim Aziz			

Themes

Ehlers-Danlos Syndromes (EDS) and
Hypermobility Spectrum Disorders (HSD)

May 16, 2025 (Friday)

3:00 PM - 6:40 PM Session 1. GENETIC ASPECTS AND EDS/HSD - CLASSIFICATIONS

- 3:00 PM – 3:20 PM Opening
Alexandre Padilha - Minister of Health of Brazil
- 3:20 PM – 3:40 PM Genetic Basis of Ehlers-Danlos Syndromes
Fransiska Malfait – Belgium
- 3:40 PM – 4:00 PM New Perspectives for Hypermobility Spectrum Disorders in Europe from the ERN ReCONNECT
Marco Castori – Italy
- 4:00 PM – 4:20 PM International Work of the "Ehlers-Danlos Society"
Lara Bloom – United Kingdom
- 4:20 PM – 4:40 PM Genetic Counseling in Hypermobility: Practices in the USA and the Impact of AI
Marileila Varella Garcia – USA
- 4:40 PM – 5:00 PM Clinical Aspects of EDS and HSD
Mateus Lamari - Brazil
- 5:00 PM – 5:20 PM Genetic Testing in Public and Private Healthcare Services
Eny Goloni Bertollo – Brazil
- 5:20 PM – 5:40 PM Pré-clinical and Clinical Manifestations Related to Hypermobility at Different Ages
Neuseli Lamari – Brazil
- 5:40 PM – 5:50 PM Creation and Advances of Patient Advocacy for EDS/HSD in Brazil
ABRASED – Brazil
- 5:50 PM – 6:00 PM - Tributes
Neuseli Lamari - Brazil
- 6:00 PM – 6:40 PM Roundtable Discussion Q&A Session
Participation of All Speakers
- 6:40 PM Closing Remarks
Organizing Committee

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May 17, 2025 (Saturday)

8:00 AM - 10:05 AM Session 2. EDS/HSD: Psychological and Psychiatric Aspects

- 8:00 AM – 8:10 AM Opening
- 8:10 AM – 8:40 AM What Psychiatry and EDS should know about each other
Antonio Bulbena – Spain
- 8:40 AM – 9:10 AM Autism in the Context of Joint Hypermobility, hEDS, and HSD
Carolina Baeza-Velasco – France
- 9:10 AM – 9:30 AM ADHD and hEDS/HSD: Clinical Aspects
Abran Topcweski – Brazil
- 9:30 AM – 9:45 AM Joint Hypermobility, Autism Spectrum Disorder, and Syngap1 Syndrome
Michael Peres de Medeiros – Brazil
- 9:45 AM – 10:05 AM Roundtable – Q&A Session
Participation of All Speakers

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10:05 AM- 12:30 PM Session 3. hEDS/HSD: Gastrointestinal Disorders

- 10:05 AM – 10:25 AM Gastrointestinal Symptoms and Nutritional Issues in Patients with Hypermobility Disorders
Natalia Zarate – United Kingdom
- 10:25 AM – 10:45 AM hEDS/HSD: Intersection with Gastrointestinal Manifestation
Quasim Aziz - United Kingdom
- 10:45 AM – 10:55 AM Esophageal Motility and pH Impedance Tracings in hEDS/HSD Patients:
A Multicenter Case-Control Study in the UK
Mohsin Butt – United Kingdom
- 10:55 AM – 11:15 AM hEDS/HSD: Challenges of Mast Cell Activation Disorders
Juliana Carneiro – Brazil
- 11:15 AM – 11:30 AM Nutritional Strategies and Dysautonomia
Silvia Albertini – Brazil
- 11:30 AM – 11:45 AM Dietary Supplements in Sports
Cristina Casagrande – Brazil
- 11:45 AM – 12:15 PM Roundtable – Q&A Session
Participation of All Speakers
- 12:15 PM Closing Remarks
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1:00 PM - 3:20 PM Session 4. hEDS/HSD: Pain, Fatigue, Dysautonomia, and Sleep

- 1:00 PM – 1:15 PM Opening
- 1:15 PM – 1:30 PM EDS/HSD: Management of Fatigue and Dysautonomia
Vitor Pugliesi – Brazil
- 1:30 PM – 1:45 PM Profile of Patients with Hypermobility-Related Manifestations
Matheus Giacomini – Brazil
- 1:45 PM – 2:05 PM Sleep Disorders in Patients with Hypermobility
Marcia Pradella – Brazil
- 2:05 PM – 2:20 PM Interventions in Musculoskeletal and Neuropathic Pain
Vitor Pugliesi – Brazil
- 2:20 PM – 2:35 hEDS/HSD: Pain Due to Factors Affecting Joint Mechanics from Childhood to Adolescence with
Implications in Adulthood
Neuseli Lamari – Brazil
- 2:35 PM – 2:50 PM Energy Conservation Strategies for Fatigue
Mateus Lamari – Brazil
- 2:50 PM – 3:20 PM Roundtable – Q&A Session
Participation of All Speakers

participate
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3:20 PM - 5:00 PM Session 5. hEDS/HSD: Clinical, Surgical, and Biopsychosocial Aspects

- 3:20 PM – 3:40 PM Pre-, Peri-, and Post-Surgical Care in Ehlers-Danlos Syndromes
Marcia Vieira – Brazil
- 3:40 PM – 4:00 PM Dermatofunctional Harmonization with Pigmentation for Fragile Skin
Juliana Mendes – Brazil
- 4:00 PM – 4:15 PM Beighton Score: Specificities from Childhood to Adulthood
Neuseli Lamari – Brazil
- 4:15 PM – 4:30 PM Biopsychosocial Assessment: A Broader Perspective on Disability and Functionality
Lilian Fuhrmann Urbini – Brazil
- 4:30 PM – 4:50 PM Roundtable – Q&A Session
Participation of All Speakers
- 4:50 PM – 5:00 PM Closing Remarks
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May 18, 2025 (Sunday)

8:30 AM – 10:05 AM Session 6: Patients' Rights

- 8:30 AM – 8:45 AM Opening
- 8:45 AM – 9:00 AM Legislative Proposal for People with hEDS and HSD
Renata Flores Tibyriçá – Brazil
- 9:00 AM – 9:15 AM Invisible Patients in Judicial Expertise
Sandra Mara Freitas Alves – Brazil
- 9:15 AM – 9:30 AM "Invisible" Disabling Diseases
Neuseli Lamari – Brazil
- 9:30 AM – 9:45 AM Rare Diseases and the Supreme Federal Court: The Right to Life in Decisions That Shape
Destinies
Juliana Hasse - Brazil
- 9:45 AM – 10:05 AM Roundtable – Q&A Session
Participation of All Speakers

participate
LIVE

10:05 AM - 12:30 PM Session 7. Opinions and Experiences from Clinical Practice

- 10:05 AM – 10:20 AM hEDS/HSD: Psychiatric Aspects
Antonio Bulbena – Spain
- 10:20 AM – 10:30 AM hEDS/HSD: The Musculoskeletal System in Hypermobile Individuals
Claude Hamonet – France
- 10:30 AM – 10:45 AM hEDS/HSD: Pain, Fatigue, and Dysautonomia
Jaime Bravo – Chile
- 10:45 AM – 11:55 AM The Chaos of Manifestations Related to hEDS/HSD
Neuseli Lamari – Brazil
- 11:55 AM – 12:15 PM Roundtable – Live Q&A Session
Participation of All Speakers
- 12:15 PM – 12:30 PM Closing Remarks
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